

## Professional Dress Guidelines

- **Guiding principle:** Dress should be professional and provide the viewer with the impression that the teacher-candidate is mature and is learning to present him/herself in a professional manner in the classroom (on and off campus) in interactions with students, parents, colleagues, and the community.
- Class attire and jewelry worn while in Education classes at LRU can be more casual, but should not be revealing or provocative (e.g., cleavage, midsections, underwear showing, objectionable prints, etc.). Students should change clothes before going to a P-12 school site for any reason if their clothing does not meet the guidelines below. **Failure to follow the established guidelines will result in restrictions that ban students from school-site field experiences, thereby negatively impacting course grades.**
- L-R students are guests on school grounds and must comply with any additional dress and conduct guidelines established by individual schools.

**General:** Clothing should be clean and neat without tears, patches or inappropriate words or pictures.

**Women:** Dress, suit, skirt and blouse or sweater, top and pants  
Short skirts or shorts are not appropriate.  
Tops must not be revealing (no cleavage showing).  
Tops and bottoms must overlap. (No midsection showing when raising arms, sitting, or bending over; no underwear showing).  
No spaghetti straps or strapless tops.  
Shoes are required and should be clean and professional. (For safety reasons: No flip flops, bedroom shoes, or beach shoes).  
No loungewear or athletic wear \*

**Men:** Shirt and pants  
Short shorts or gym shorts are not appropriate  
In general, most shirts should be tucked in.  
Tops and bottoms must overlap. (No midsection showing when raising arms, sitting, or bending over; no underwear showing).  
Shoes are required and should be clean and professional. (For safety reasons: No flip flops, bedroom shoes, or beach shoes).  
Either grow a beard or shave.  
No loungewear or athletic wear \*

**Jewelry (men and women) when visiting, tutoring, or student teaching at school sites:**

Keep it simple. Don't over accessorize.  
The only acceptable facial/head jewelry is in the ears.  
Women: maximum of 2 per ear  
Men: maximum of 1 per ear

**Make-up:** In good taste, not flashy or heavy. You are not going to a club!

**Hair:** Clean at all times

**Other:** Any tattoos must be covered, if possible.

Student teachers should refrain from wearing blue jeans, shorts, and T-shirts.  
Male student teachers should abide by school policy concerning wearing a tie.

\* Physical education teachers may wear attire appropriate for their jobs.

